



2025-26 Calendar

Registration-Online

Opens 1st August

<http://southeasternlac.org.au/registration/>

Athlete Trial Period

27 Sep – 18 Oct 2025

Committee Meetings

Including
Age Marshalls

Virtual (Zoom)

Tue 12 August
Tue 26 August
Tue 9 September
Tue 23 September
Tue 7 October

ES Marks 10:30am

Sat 18 October
Sat 22 November

Training @ ES Marks

from 30 Sept

Tuesdays

4-4.45 Sprints | TBA

4-4.30 - HJ (U12-17) | Wal

5.15– 6.15 - LJ/TJ | Maxim

Wednesdays

4.15 - Distance | Warren

4-4.45 - Hurdles | Siena

Thursdays

4-5pm Sprints | Nabil

4-4.30 - HJ (U12-17) | Wal

4-4.45 - LJ (U12-17) | Audrey

4.45-5.30 Junior High Jump | Georgie

Awards Day

4 April - 2pm - ES Marks

Date	BBQ	Series	Hurdles	Comments
27 Sep	U12	1	U8	Set-up 7.30am for 8am Start
4 Oct	U11	2		
11 Oct	U10	1	U9	Club Champ Rego
18 Oct	U9	2		Club Champ Rego
25 Oct	U8	1	U10	Club Champ Rego
1 Nov	U7	2		Club Champs
8 Nov	U6-Tots	1	U11	Club Champs, Zone Rego Start
15 Nov	U13+	2		Zone Rego
22 Nov	U12	1	U12	Zone Rego close
29 Nov	U11	2		
6-7 Dec Zone Champs: ES Marks (No Club Competition)				
12 Dec	U10	1	U8	
10 Jan	U8	2		
17 Jan	U7	1	U10	
24 Jan	U6-Tots	2		
30/31 Jan-1 Feb Regional 8 Champs: ES Marks (No Club Competition)				
7 Feb	U13+	1		
14 Feb	U12	2	U11	Presentation Rego Start
21 Feb	U11	1		Presentation Rego
28 Feb	All	2	Seniors	Presentation Rego
7 Mar	All	1		Presentation Rego (Ends)
12-15 Mar Junior State for 13s-U20s SOPAC (No Club Competition)				
21-22 Mar Little Athletics State for 9s-12s (No Club Competition)				

Event	Location	Age Groups	Dates
SELAC Club Champs	ES Marks	ALL	1 Nov & 8 Nov
State Relays	Blacktown	8s to 12s	8-9 Nov
State Relays	Blacktown	13s to U20s	14- 16 Nov
Zone Champs	ES Marks	ALL	6 & 7 Dec
NSW Combined	SOPAC	16s to Masters	24 & 25 Jan
Regional Champs	ES Marks	ALL	14-15 Feb
NSW Combined	Maitland	7s to 15s	28 Feb-1 Mar
NSW Junior Champs	SOPAC	13s to U20s	12 to 15 Mar
NSW Opens Champs	SOPAC	U23s & Opens	19-22nd Mar
LANSW State Champs	SOPAC	9s to 12s	21 & 22 Mar